West Yorkshire

PRIMARY CARE

WORKFORCE & TRAINING HUB

General Practice Workforce Bulletin

Date: 04/02/2025

"Supporting the growth & development of a thriving, multidisciplinary primary care workforce"

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Prescribers



Practice Managers



Nursing Associates

GPAs

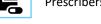


Nurses Doctors





Multidisciplinary







Paramedics

WEST YORKSHIRE FELLOWSHIP PROGRAMME FOR GPs & GPNs 2025



PRIMARY CARE

WORKFORCE & TRAINING HUB

Brand New Fellowship Programme due to start in March 2025 for newly qualified General Practitioners (GPs) & General Practice Nurses (GPNs) new to General Practice.

The 18 month programme aims to connect fellows with colleagues thoughout

West Yorkshire.

Deadline for applications 28th February 2025.

KEY INFORMATION

- Access to 18 monthly education sessions 🗸
- 1 hour a month mentoring sessions from qualified mentors 🗸
 - Working with your PCN on a relevant project ✓
 - Creating a peer support network 🗸

ELIGIBILITY

- GPs to be newly qualified in the last 12 months
- GPNs to be newly qualified or new to Primary Care in the last 2 years
- A commitment to attend all education sessions
- A commitment to complete a PCN Portfolio Project

FUNDING

On completion of the 18-month programme:

GPs £14,250 / GPNs £6,000

PAID IN QUARTERLEY INCREMENTS OVER THE DURATION OF THE PROGRAMME

FOR MORE INFORMATION CONTACT

wy.traininghub@nhs.net



OR VISIT OUR WEBSITE

https://yhtraininghubs.co.uk/west-yorkshire/





2. 2024-25 CPD Funding

West Yorkshire PCWTH has collaborated with a wide range of providers and is pleased to offer a CPD Programme for General Practice Nurses and Allied Health Professionals (AHPs) to support the personal professional requirements of the West Yorkshire Nursing and AHP workforce.

If you are a General Practice Nurse or registered
Allied Health Professional you are eligible for CPD funding of £333,
or up to two courses from the
West Yorkshire PCWTH programme.

To access the latest CPD guidance and application process (page 4) please click here. Alternatively head to our website where you can find details under the Schemes section.

For any further queries please email: wy.traininghub@nhs.net

Application Deadline: Monday 31st March, 2025

4. NHSE Funded Clinical and Educational Supervision Courses

The Primary Care Directorate (Yorkshire and the Humber) are supporting learners in General Practice, regardless of their primary care network location, to make sure they have:

- Access to a quality learning environment
- Appropriate education programme for their role (including multi-professional opportunities)
- Appropriate supervision for their role
- Appropriate pastoral support

They want to raise the quality and consistency of multi-professional supervisors and educators in primary care.

By March 2026, multi-professional supervisors will have:

- Formal recognition of their knowledge, skills, and competencies and be part of a system-wide register of educational supervisors
- Ongoing support for their journey as an educator via CPD (Continuing Professional Development) opportunities and engagement in a Community of Practice
- An educational status and the wider system's broader understanding and value of educators' skills, knowledge, and capabilities for organisation
- Opportunities to engage in multi-professional learning around supervision and learn from other professions

Further information on available Clinical and Educational Supervision courses can be found on our <u>PCWTH website</u>.

Want to learn more information on the Workforce Development Programmes available to support our West Yorkshire General Practices, Primary Care Networks and NHS employees? Visit

www.yhtraininghubs.co.uk

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3. Practice and PCN Managers: General Practice Placements Survey

The West Yorkshire PCWTH invites you to participate in this important <u>survey</u>, which is part of ongoing efforts to support the NHS Long Term Plan and workforce expansion. As the NHS works to meet the challenges of a growing population and increasing demand for services, it is crucial to gather workforce insights from those who contribute to the healthcare system, in particular General Practice services.

Your responses will help inform strategies for workforce development and your feedback is vital in shaping a stronger, more sustainable healthcare system. We would appreciate one response per practice via the Practice or Business manager. We are also interested in PCN responses. Thank you in anticipation!

https://forms.office.com/e/ZNA85gRMAU

5. ACP Apprenticeship Application Process

The application process for organisations within North East and Yorkshire to apply for the NHS England support to train advanced practitioners in 2025/26 has now opened until

Friday 28th March 2025.

To apply for the NHS England Advanced Practitioner support, <u>please click here.</u>

More information on the offer, including details of the training grant, can be found in the North East and Yorkshire Faculty for Advancing

Practice handbook as well as

the clinical salary support guidance attached.

Key Points:

The North East & Yorkshire Faculty Handbook contains details about the funding offer from NHS England, employers' responsibilities/commitments and how to apply. If after reading these you still have questions, please email england.neyadvancedpractice@nhs.net

- Please note the document is a live document and may have updates added as and when needed.
- The deadline to apply is **28th March 2025** (dependent on numbers received)
- Each organisation applying must nominate a single contact to lead on the Advanced Practitioner process and act as a key liaison for all enquiries relating to Advanced Practitioners. All applications must be approved and submitted by the same lead contact.
- You will be required to submit a job description and/or job plan for your trainee Advanced Practitioner(s) upon applying, to ensure your application is considered. *Please note applications that are not completed in full or do not provide a JD/PS will be returned.*
- If you require any support completing the form or have any issues accessing the form, please email:

england.neyadvancedpractice@nhs.net

- They aim to notify your organisation of the outcome within 6 weeks of submitting your full application.
- Please note once funding is confirmed, organisations need to apply to their preferred HEI and follow their application process.

If you are a large organisation who will be submitting multiple applications and would prefer to submit your applications via a secure live spreadsheet, please let them know by emailing: england.neyadvancedpractice@nhs.net

6. Funded GPN Development Fellowship

The West Yorkshire PCWTH commissioned research which involved interviews with GPNs from across our West Yorkshire GPN workforce. Key messages from the research concluded that GPNs felt at risk of isolation, that peer support and networking was lacking, and that GPNs would like to better understand the career pathway options available to them. From this research, the WY PCWTH developed a funded 1-year GPN Development Fellowship for GPNs in post for 2-years or more. The Fellowship focuses on providing a safe space to reduce isolation, discuss career progression and experiences, and receive much needed peer support.

The Fellowship is delivered via a series of three locality breakfast networking meetings, spread throughout the year.

The locality breakfast meetings are back-filled at £30/hour, attendance is 9:30–12:30pm and will the meetings culminate with a West Yorkshire GPN Conference (11th July 2025) where locality GPNs can network, back-filled at £180. A total of £500 is payable to release GPNs to attend all four of the events.

In addition to the backfill above, there is the opportunity for **up to 3 coaching** sessions with an experienced Primary Care Nurse throughout the Fellowship, worth £225. This will provide a **1to1** opportunity to discuss topics of interest in a confidential safe space. This provides the time to reflect on personal development needs and improves the wellbeing and the development of the nursing workforce, in line with the QoF staff wellbeing indicators.

Date	Day	Session	Venue Details
Calderdale and Kirklees Locality Sessions			
03/10/2024	Thursday	Session 1	Brighouse Holiday Inn
23/01/2025	Thursday	Session 2	Brighouse Holiday Inn
10/04/2025	Thursday	Session 3	Brighouse Holiday Inn
Bradford District and Craven Locality Sessions			
31/10/2024	Thursday	Session 1	The Ridge Medical Centre
29/01/2025	Wednesday	Session 2	The Ridge Medical Centre
24/04/2025	Thursday	Session 3	The Ridge Medical Centre
Leeds and Wakefield Locality Sessions			
10/10/2024	Thursday	Session 1	The Village Hotel South Leeds
16/01/2025	Thursday	Session 2	The Village Hotel South Leeds
17/04/2025	Thursday	Session 3	The Village Hotel South Leeds
West Yorkshire GPN Conference			
11/07/2025	Friday	Session 4	The Village Hotel South Leeds

Furthermore, there are also **20** funded opportunities to work on a service improvement project within the PCN which mutually benefits the GPNs career, the patients and the Practices within the PCN. Funding is up to a total of £1440 based on 48 hours at £30/hour. Applications for this element of the Fellowship will need to demonstrate links with the PCN and the Clinical Director, and a viable Project Outline with key deliverables to show how the project will be delivered and the potential impact it will create.

How to Apply: We have up to 30 places available per Locality and they will be offered on a first come first served basis.

The Fellowship application form is here.

The PCN Portfolio Project application form is <u>here</u>.

The GPN Development Fellowship information pack is available to download <u>here</u>.

If you are interested in this opportunity please email us the completed application form(s) to www.traininghub@nhs.net



7. Would you like to become a Cervical Screening Assessor for West Yorkshire?

Delegates accessing the West Yorkshire Primary Care Workforce & Training Hub (WY PCWTH) cervical screening course (currently in development) need an external CS Assessor to assess the practical training. The criteria for being a cervical screening (CS) external assessor is as follows:

- Must be a registered nurse, doctor, or physician associate.
- Must hold a relevant Practice Assessor qualification (PEAP).
- Must be a practicing sample taker.
- Must have 12 months' continuous experience in taking samples.
- Must have taken a minimum of 50 samples.
- Must be able to demonstrate continuing competence via audit results.

CS assessors would need to attend an initial training session and follow protocols provided to ensure consistency. Registered CS assessors will also need to ensure they complete the required 3-yearly cervical screening updates to remain on the register.

The CS assessor role for each student will entail:

Initial training visit:

- Explain history taking, consultation and procedure.
- Demonstrate procedure (3 smears).
- Witness student performing procedure (5 smears).

Final assessment visit:

- Witness and assess student performing procedure (2 smears).

Admin:

- Checking student results to ensure correct technique is indicated
- Telephone conversations with students (queries).
- Arranging visits/assessments.
- Checking student lab result percentage statistics on QARCS (ensuring 90% or above adequacy rate).
- Sign off as appropriate.

The CS Assessor will need to commit to:

- Assess a minimum of two CS students per year as required.
 The time commitment for each student is 17.5 hours in total (7.5 hours initial training visit, 7.5 hours final assessment visit, 2.5-hour admin).
- Attend a short initial training session on the roles and responsibilities of a CS assessor and reviews/support as needed.
- Ensuring that they have suitable indemnity insurance for this role.

Funding is available for this role, which will be confirmed in due course for anyone who applies and meets the necessary criteria.

If you meet the above criteria and you would like to apply to become a registered Cervical Screening Assessor, please contact us at wy.traininghub@nhs.net



8. Finding the Light in Dementia





We have a wonderful opportunity to offer a limited number of applicants funding to **Finding the Light in Dementia Training.**

Training content:

- Module One Understanding Dementia
- Module Two Communicating & Connecting
- Module Three Using Memories to Keep in Touch
- Module Four Creating a Calm, Safe Place
- Module Five Understanding Moods, Emotions & Responses
- Module Six I am Still Me!



About the training

- Mapped to Skills for Care, Good Work, Dementia Training Standards Framework, National Occupational Standards.
- A strong self-development ethos underpins the whole of the training through Activity Books, Reflective Journals, and
 access to a wellbeing hub with self-care, anxiety management and grief & bereavement resources.
- Created with people living with dementia, loved ones and carers, and delivered through engaging films, podcasts, presentations, animations, soundscapes, and activity books.
- Created by a dementia nurse specialist with over 30 years' experience and author of Finding the Light in Dementia.
- Guide for Families, Friends & Caregivers, & former Lecturer and Personal Tutor in Health & Social Care and MRes (Stroke).
- Includes Masterclasses and Interviews with leading professionals and researchers and people living with dementia and carers.

Applications

Please click here to register your interest.

Applications will be reviewed for eligibility and processed in the order that they are received. Once eligibility is assessed places will be allocated based on the agreed Training Hub EOI process principles. Please note by completing this application it does not guarantee a place.

Funding is available for nurses, registered NAs, ANPs and eligible AHPs working within primary care.

Successful applicants will receive a 12month subscription to the training and resources.

Recent feedback for Finding the Light in Dementia training can be located by clicking here





9. GPA Programme 2024/25



Attention medical secretaries, care coordinators, receptionists, and other general practice professionals seeking to upskill—don't miss out on the FINAL COHORT INTAKE for the GPA 2024/25 Programme, approaching soon!

Start Date: Monday 3rd March 2025

Closing Date for applications: Monday 17th February 2025

Limited spots available — secure your place now!

The programme is funded by NHS Engalnd at £2120 per learner, helping General Practices support their GPAs' growth and development.

If you've been considering applying, have a look at Natasha's experience as a former participant on the 2023/24 programme for some valuable feedback on what to expect.

GPA programme - Natasha's experience

Contact us at the West Yorkshire Primary Care Workforce and Training Hub for more information on wy.traininghub@nhs.net or apply here.

11. Lunch & Learn Webinars: Group Clinics



Masterclass: Combining Group Clinics with Structured Education

Thursday 13th February; 12.45-2.00pm

Explore how to combine structured education and group clinics for people with pre-diabetes, Type-2 Diabetes and those who need weight management support. QOF includes payment for these patient groups if they attend however, often a very low percentage take up their referral. The practice misses out on QOF points and your patients miss out on self-management education. This Masterclass explores how you can change this by combining group clinics and structured education and how you can apply for accreditation of your hybrid group model.

Click Here to book.

Panel Discussion: Addressing Gynaecology Waits with Group Clinics

Friday 7th March; 12.30-1.30pm

Gynaecology faces some of the longest waits in the NHS.

Join our panel discussion on International Women's Day and work with Dr Sue Mann, National Clinical Director for Women's Health, clinicians and transformation leads from NHS Wales and NHS Devon who are exploring how to harness group clinics to reduce waits in this discipline. This webinar provides a real opportunity to work with likeminded colleagues to find solutions to one of the biggest waiting challenges we all face.

Click Here to book.

For more information contact: alisha@elcworks.co.uk

10. Webinar: National Lipid Management - statins and beyond

Wednesday 26th February; 1.00-2.00pm

NHS England's national Cardiovascular Disease (CVD) Prevention team are hosting a webinar on the importance of optimal lipid management, national policy, and how this can be implemented. Topics will include:

- The importance of optimal lipid management in the context of CVD Prevention.
- National policy relating to lipid management.
- Levers and drivers to improve lipid management at GP practice, PCN and ICB level.
- Tools and resources to support frontline staff.
- Dispelling myths and misconceptions in lipid management.

Aimed at service leads, service managers, and clinicians involved in lipid management services across primary, secondary and community care, the webinar will be chaired by Helen Williams, National Clinical Director for CVD Prevention at NHS England. Please sign up here.

For queries, please contact england.clinicalpolicy@nhs.net with subject: National Lipid Management Webinar - Statins and Beyond.

12. 'Work Life Balance and What It Means to Me' Leeds Place Schwartz Round

Tuesday 25th March; 12.15 - 1.45pm

This is an opportunity for colleagues working and volunteering in Leeds to take timeout to reflect on their experiences of 'Work Life Balance' and what that means to each of us at work.

Schwartz Rounds provide a confidential space where staff and volunteers, clinical and non-clinical, can come together to reflect on the emotional impact of working in health and care.

Attending a Schwartz Round is also attributed as part of your CPD. If you are interested in obtaining one of these certificates, please email c.sibanda3@nhs.net. Certificates will be issued following attendance and completion of the evaluation form.

Click here to sign up.

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13. GPMPlus February Courses



1/3/5 Year Business Planning
Tuesday 11th February; 9.30-11.30am (via Zoom)

Are you involved in the future planning of your practice?

Suitable for all partners, practice / finance managers and anyone interested in partnership.

For more information and/or to book – click <u>HERE</u>

Effective Appraisals
Wednesday 12th February; 12.30-2.00pm (via Zoom)

Do you want to set up an effective appraisal system at work?

Suitable for all practice staff.

For more information and/or to book – click HERE

Conflict on the Frontline
Thursday 13th February; 2.00–3.30pm (via Zoom)

Do you want to be prepared and able to deal with conflict and difficult interactions with patients

Suitable for Non clinical staff, such as reception teams, administrators and managers, and others in a direct patient facing role.

For more information and/or to book – click **HERE**

For all other courses please click **HERE**

15. CDEP Topic of the Month: Diabetes 10 Point Training



This training supports health and social care workers to access basic diabetes training *relevant to their roles*. Staff can choose 1 of the 4 topics, depending on their care settings:

- Adult Social Care Workers
- Community Nursing Teams
- Adult Inpatient Teams
- Inpatient and Community Mental Health Workers

Watch the <u>topic teaser</u> for more information or <u>sign in</u> to CDEP now to complete the training. For more information on improving Diabetes care see <u>here</u>.

Want to learn more information on the Workforce Development Programmes available to support our West Yorkshire General Practices, Primary Care Networks and NHS employees? Visit

www.yhtraininghubs.co.uk

14. NHS Leadership Academy Courses



Coaching for Improvement Programme - Cohort 7

This programme has been designed for colleagues working in roles and projects which involve Quality Improvement (QI), with a focus upon developing participant's leadership effectiveness for QI through the application of a coaching approach.

Features and benefits to participants:

- The opportunity to work with colleagues from across organisations to share learning.
- The opportunity to gain key skills around the application of coaching approaches to support staff engagement within change initiatives.
- Increased awareness and understanding of the impact of group dynamics within change processes.
- Increased understanding of the challenges within establishing and maintaining change.
- Increased awareness of their personal response and impact (use of self).

Who Should Apply?

This programme is aimed at health and care staff from all professional backgrounds within the North East & Yorkshire Region working within a healthcare setting closely involved within change processes.

Please visit our website for more information and how to apply

Leading & Managing in the Multigenerational Workspace Programme

Application Closing Friday 14th February 2025

For the first time in history, many teams have 5 generations in their workforce. This brand-new programme is designed to consider the benefits and challenges for managers and leaders of multi-generational teams.

Working with many different expectations, perspectives and preferences means that leaders need to be equipped with the abilities to attract, recruit, inspire, influence and retain people of all ages working in different workspaces with different preferences.

The programme will be a suite of 3 half-day focused sessions with complementary content. For more information and to apply, please visit our news page: Leading and Managing in the Multigenerational Workspace
Programme – Cohort 3

Becoming a Mentor Programme Cohort 4

Application Closing Sunday 9th March 2025

Applications are now open for our <u>'Becoming a Mentor'</u> programme. This programme will offer a non-accredited route to developing enhanced skills within mentoring. Participants will be required to identify a mentee to work with throughout the programme to enable the transfer of theory to lived experience.

16. NHS England Request To All Practices!

As you may be aware, the government is currently holding the biggest national conversation about the future of the NHS, inviting the public to input via the change.nhs.uk portal to shape the 10 Year Health Plan.

NHS England is making a specific ask for GPs, GP trainees, other general practice colleagues and practice managers to connect with their Patient Participation Groups (PPGs)

to engage in Change NHS via:

Community engagement
Change.nhs.uk







17. Can You Offer Prescribing Supervision to a Community Pharmacist?



Are you ready to shape the future of pharmacy by mentoring the next wave of independent prescribers? If so, join our directory of Designated Prescribing Practitioners (DPPs).

Become a DPP and guide community pharmacists pursing their Independent Prescribing qualification. As a DPP, your mentorship will help trainees develop the skills and confidence needed to excel in patient care and support the NHSE national pharmacy workforce expansion plan.

Benefits of Becoming a DPP

- Mentorship Opportunity: Play a crucial role in developing skilled, confident independent prescribers in your local area.
- Visibility and Compensation: Join our NHS England endorsed directory, increasing your visibility to trainees and opening opportunities for compensation (up to £3000 for each trainee).
- Flexible Supervision Models: Utilise individual, group, or multidisciplinary supervision models to effectively mentor trainees.

How to Become a DPP

- Complete an Expression of Interest <u>HERE</u>.
- NHS Funded Training: access comprehensive training through <u>ProPharmace</u> or <u>HE Cooperative</u> to equip you with the skills and knowledge for effective supervision.
- Flexible Schedule: Structure your supervision hours to meet your needs and those of your trainee - only a portion of the required 90 hours need to be directly supervised by a DPP.
 The rest can be with other prescribers (non-DPPs).

Enhance your professional journey by becoming a Designated Prescribing Practitioner. Share your expertise, support new prescribers, and contribute to the advancement of pharmacy practice.

Ready to get started? Express your interest now in signing up for our NHS England endorsed DPP directory.

19. Safe Surgeries e-Learning Course



Please see the launch of the updated <u>Safe Surgeries e-learning course</u>, designed to support GP practice staff in understanding and improving access to primary care for everyone in the community. This free course is flexible, taking approximately 30-minutes to 60-minutes to complete, and is suitable for all GP practice staff, particularly frontline reception staff and practice managers. It can also be included as part of the induction process for new staff.

The course offers clear guidance on becoming a Safe Surgery and aligns with NHS England guidance on GP registration.

The course includes information on:

- Understanding inclusion health and barriers to accessing healthcare
- Guidance on registering patients, including information on NHSE guidance and best practice
- Supporting patients beyond registration and useful resources

You can access the course via the following <u>link</u> (registration required).

If you have any questions or need further information, please do not hesitate to contact their team at

 $\underline{safe surgeries@doctorsoftheworld.org.uk}.$

More information on Safe Surgeries and resources can be found here.



18. PRosPer Long Term Conditions Training & Education Programme

Are you a healthcare professional currently delivering long term condition interventions within community or primary care based settings? Are you interested in developing skills in personalised care, prehabilitation, and rehabilitation for cardiovascular, respiratory and stroke conditions?

We'd love to hear your opinions on the <u>PRosPer</u> training and education programme. NHSE Workforce, Training and Education Programme recognises our role in providing access to high quality education and training for the generalist workforce that equips them to deliver 'at home' community and primary care based interventions and increasing access to personalised care, prehabilitation and community-based rehabilitation models of care for cardiovascular, respiratory and stroke conditions. Therefore, we are undertaking two initiatives which include; an insights survey and piloting a training grant process. The aim is to build a picture of the current and future skills requirements for the generalist workforce and what this means for the commissioning and dissemination of training and education opportunities.

Survey: https://jointheconversation.scwcsu.nhs.uk/embeds/ projects/36517/survey-tools/40899

Application: there is a PDF version attached, applicants should complete this and then email to: scwcsu.ltc.grants@nhs.net

្នំ 20. NHSE Apprenticeship Levy Transfer Service

NHS England in the North East and Yorkshire offer a service to facilitate the transfer of apprenticeship levy funds from levy paying employers to non-levy paying employers to pay for apprenticeship training in primary and community care.

Non-levy paying employers (such as GP practices, Dental practices, Care Homes, etc) can use these funds to cover 100% of apprenticeship training costs, rather than paying the 5% co-investment. We know that paying this co-investment is often a barrier to a small organisation in enrolling their staff on an apprenticeship and developing their workforce. GP practices are the biggest users of the service, often enrolling their healthcare assistants on the Nursing Associate or Nurse Degree apprenticeships.

Levy contributions made by levy paying organisations (such as NHS Trusts) expire after two years back to HM Treasury. By facilitating transfers, we can limit the amount that expires and reinvest that funding back into the North East and Yorkshire NHS system. In the current financial year to date, we have facilitated £6.5 Million worth of levy transfers enabling 600 apprentices to enrol on their programmes. Please see attached flyer for details.

21. GPMplus Courses (January – March 2025)

Please see the attached brochure of GPMplus courses for January to March 2025.

The brochure includes course dates, links to book your place and a bit more information about each of the courses.

All of the courses are presented, live, by very experienced practice managers or GPs.

Please also visit the GPMplus website for more details.

There is s a wide range of courses, with something suitable for all members of the practice team.

If you do not routinely receive this Workforce Bulletin please contact www.traininghub@nhs.net to request to be added to the distribution list.

22. Winter Wellbeing Support for Staff

The wellbeing of NHS staff, including colleagues working in primary care, and supporting them to stay well this winter by ensuring they have access to a <u>number of resources</u> for their physical, mental and financial health and wellbeing. For people that need someone to talk to, NHS England has introduced a confidential 24/7 text support service in addition to the <u>support already available</u>. The service can be accessed by texting SHOUT to 85258 and is available to all NHS colleagues who may have had a tough day, are feeling worried or overwhelmed, or have a lot on their mind and

To help with financial wellbeing concerns over the winter months, the MoneyHelper Service, which offers a <u>free and impartial money advice telephone</u>, <u>WhatsApp</u>, and <u>text support line</u> continues to be available. Colleagues are encouraged to seek timely support, which also includes talking to a line manager or Freedom to Speak Up Guardian.

need to talk it through. Additional mental health resources, can be

found on the NHS England website.

24. SystmOne Online Training Courses (January – April 2025)

The Health Informatics Service (THIS) are running a series of SystmOne online training courses open to all practice staff:

S1 new starter clinical trainingS1 new starter admin trainingS1 tips and tricks training

26. Monthly Drop-in Sessions with the NMC Education and Standards Team

These sessions are for academics, practice learning partners and students who are currently on NMC approved programmes. You can come and speak to the NMC about any questions you have relating to NMC standards implementation or other education queries.

There is no agenda or formal presentation. Each session will be led by a Nurse Education Advisor, Midwifery Education Advisor, Standards Specialist and/or an adviser from our Employer Link Service and Quality Assurance team.

Open to all Academics and practice learning partners, please fill in this short form to get the joining details: r1.dotdigital-pages.com/p/129A-1GXI/drop-ins

The sessions are the first Wednesday of every month from 12.30-1.30pm.

23. NHSE Legacy Mentoring Webinar

Tuesday 18th February; 11.00-12.30pm

The Looking After Our People Retention Programme which operates under the NHS England Workforce Training & Education Directorate are pleased to be sharing the registration to their 3rd Legacy Mentoring Webinar.

The webinar series is providing a "one workforce" approach with excellent opportunities for collaborating and learning together to ensure we improve the experience and retention of all newly-qualified health registrants.

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Please book your place **HERE**.

25. Athletic Minds Mental Health Fundraising Dinner and Concert

Friday 21st March; 7.00pm—late
The Arches, Dean Clough Mills, Halifax

An Evening of Connection, Support, and Opportunity – Fundraising Dinner & Concert including FREE NHS offer!!

Join supporters at the 'Athletic Minds' Fundraising Dinner and Concert on Friday 21st March for a night to celebrate and support mental health awareness. Enjoy live music, a scrumptious three-course meal, and the excitement of a silent auction, and a raffle, along with inspiring stories from celebrity speakers.

NHS staff are invited to take advantage of an exclusive offer; book a table of 10, and your Practice or PCN will receive a **free organisational mental health assessment** resulting in a tailored mental health workshop delivered either **face-to-face or virtually**, depending on your Practice/PCN requirements and availability. This workshop will be scheduled at a time convenient for your team, such as at your next Target or Protected Learning Time event, and designed to strengthen workplace well-being. This offer will support Practice/PCN efforts in the QOF Quality Improvement 'Workforce and wellbeing' modules where practices are tasked with "demonstrating continuous quality improvement activity focused on workforce and wellbeing" and participation in network activity to "regularly share and discuss learning" on this theme.

Don't miss this chance to dress up, unwind, connect, and create meaningful impact—reserve your table today and take advantage of the fantastic NHS offer of a free organisational mental health assessment and mental health workshop tailored to your organisational needs!

Further details are included in the attached flyer. TO BOOK: https://athleticmindsdinner.eventbrite.co.uk

For further information please email: info@athleticminds.co.uk

27. 'Working with People & Communities to Improve General Practice & Primary Care'

Enhance primary care services through engaging and inclusive strategies with this online course from NHS England.

- Explain the purpose of involving people and communities in primary care and what this can look like in practice.
- Explore what different models are out there for Public Participation Groups and how these models could be applied in practice.
- Identify the principles of involving people.
- Investigate how to diversify involvement.
- Explore how to involve most marginalised groups.
- Develop techniques to facilitate engagement effectively.

Access this course on Future Learn.

4 28. Fully Funded Walking Support Limited places available!

Living Streets is a UK charity for everyday walking, and they have partnered with West Yorkshire Combined Authority (WYCA) to embed the culture of walking into workplaces through our Walking Works programme.

This has been fully funded by WYCA—places are limited and will be offered on a first come, first served basis. Workplaces across West Yorkshire are taking steps to become more active, more productive, healthier, and happier—and you can join them! Now could be a great time to get signed up for Walking Works, so that your staff can benefit from walking more as the weather improves.

Living Streets has years of experience supporting walking amongst

employees and inspiring positive behaviour change. You can read more about Walking Works here.

The key benefits of Walking Works include:

- Improved staff performance Regular exercise boosts overall work performance by about 15%.
- Reduced employee absence Walking schemes can reduce the number of sick days taken, leading to lower absenteeism costs.
- Boost morale and job satisfaction Promoting walking activities can help staff feel valued and proud of their workplace.
- Promote physical and mental health Walking helps prevent diseases such as diabetes, heart disease and
- Return on investment A highly engaged workforce can improve operating income by nearly 20%.
- Enhance corporate image Increased walking rates can help towards environmental, well-being and health targets.

What does Walking Works involve?

Our Walking Works programme includes **Staff Challenges** to run over 4-5 weeks. You can choose between a 1-month step count challenge or a series of weekly challenges to inspire colleagues to become more active in their day-to-day working lives. The challenges are tailored to the needs of your workplace, and options include onsite pop-up events with accompanying communications packages to engage and support staff.

We also offer CPD accredited Walk Champion Training which equips key staff within your organisation with the tools and expertise to inspire other colleagues to embrace workplace wellbeing through walking.

If there are barriers to walking near your workplace, we can provide support through Route Audits. These bring together employees' local knowledge with our expertise to look at ways of overcoming physical and attitudinal barriers to walking. Our findings can be used to inform improvements, such as creating bespoke Walking Maps themed around your workplace and ensure walking infrastructure really works for employees using it.

You can book a 30-minute meeting to discuss with Rachel Adams here.

29. BFD: Bradford Care Alliance 2025 Training Courses

In partnership with Bradford & Craven Health and Care Partnership and Conexus, Bradford Care Alliance are pleased to confirm that they have 5 staff training courses available to book for free:

Conflict Resolution

Thursday 20th February; 1.30—3.30pm (Virtual)

Assertiveness Training

Thursday 13th March; 1.30—3.30pm (Virtual)

Care Navigator Refresher Training Thursday 20th March; 1.30—4.30pm

(Face to Face—Scorex House)

Building Positive Communication Skills

Thursday 24th April; 1.30—3.30pm (Virtual)

Medical Terminology Level 1 Thursday 15th May; 1.30—3.30pm (Virtual)

ALL THESE SESSIONS ARE AVAILABLE TO BOOK NOW please see the attached poster for each course on how to book.

> Any questions, please contact BCA: AdminBCA@bradford.nhs.uk



New Year, New Goal: Start saving in 2025!

Facing financial hardship and on a low income?

BDCU are offering savings and loan facilities for employees working in adult social care, primary care, NHS Trusts and the VCSE, delivering health and social care activities in Bradford District and Craven.

SAVINGS SCHEME

- ✓ Open a Credit Union account✓ Save £10 for three months in a row
- ✓ We'll put an extra £30 into your account

LOAN SCHEME

- ✓ £200 loan for staff with low credit rating*
 ✓ Build your credit score
 ✓ Qualify for savings scheme

all applicants will be considered regardless of credit history

















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