



News and updates for primary care colleagues from your Confederation February 2020

Welcome...



Jim Barwick, CEO

Welcome to our latest round-up of what's been happening and what's coming up at the Leeds GP Confederation.

Last month we worked with clinical directors and the LMC to respond to the NHE/ I consultation on the DES draft service specifications. You can find our response on our website. Following their consultation, NHSE/I and the BMA have agreed and jointly published an "Update to the GP contract agreement 2020/21 to 2023/24". The main features of the agreement include:

- Enhancements to the additional roles reimbursement scheme – please see below for more on this regarding clinical pharmacy
- Measures to aid GP recruitment and retention
- Improvements to the Quality and Outcomes Framework
- Three new services in 20/21: structured medication review and medicines optimisation, enhanced health in care homes and supporting early cancer diagnosis service.



Chris Mills, Chair

In other news, we're recently had confirmation from the CCG that our funding for the next two years has been approved. This is great news, not only because it demonstrates the CCG's confidence in what we're doing to support and develop primary care in the city but also means that we can plan with more certainty. So, for example, we're in the process of establishing the Confederation as an employer, with NHS pension status, which will enable us to provide stable yet flexible employment; we're also moving ahead with our estates strategy to relieve some of the headaches associated with leases on practice buildings. Vivally, it means we can continue to support practices and PCNs through our clinical pharmacy, primary care development and extended access teams.

We hope that you find this update useful and interesting. Please send any suggestions or comments to leeds.confed@nhs.net. As always, please get in

touch if you have questions or would like more information about anything.

Best wishes,
Jim & Chris

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Latest from the Strategic Board

The time scheduled for the Strategic Board meeting in January was used to hold a Clinical Director Forum. These fora are being held to support Clinical Directors to explore current opportunities in light of the changes to the GP Contract, and to take a collective view on how the Confederation will move forward under the direction of Clinical Directors as the provider landscape of the NHS in Leeds Changes.

A brief session of the Strategic Board was held as part of the Clinical Director Forum on 29 January to approve decisions made in principle by the Clinical Directors. The Board agreed:

- To support a proposal to establish a project management office to support lead practice managers
- To approve the scheme to deploy surplus funding in a single scheme to employ HCAs in PCNs
- To support a joint project with the Leeds Training Hub to explore the creation of a vocational training scheme for practice nurses.

More information is available in the meeting minutes, [published on our website](#).

Confederation Executive meetings

After each Executive meeting, we now publish a summary on a page to show what was discussed. These are linked from each meeting listing on [our website](#).

Supporting practices & PCNS - clinical pharmacy

Workforce development

The Clinical Pharmacy team continues to support PCNs with their newly recruited pharmacists, including the development of induction plans, work stream programmes and providing mentorship/ peer support. The expectation is that there will be 37 new pharmacist posts recruited to across the 19 PCNs in Leeds by April 2020, 100% fully funded which is great news!

In light of the very recent release of the update to the GP contract agreement, confirming the enhancement of the Additional Roles Reimbursement Scheme to include 100% fully funded posts for pharmacy technicians, the team are working up a proposal about how this might be done at scale. We'll keep you updated and involved as this work progresses.

The Integrated Pre-Registration Trainee Pharmacy Technician (PTPT) programme is now fully live with five trainees who started in post in January. The programme, designed in collaboration with a number of other partners, will see the trainees rotating through general practice, with support from our Clinical Pharmacy team, LTHT, LCH, Community Pharmacy and LYPFT. This means a truly local system wide training model, which supports our commitment (and NHSE's commitment) to increase the number of pharmacy technician trainees.

As part of the rotation, the first PTPT will be with us in general practice in August 2020 for four months. The hope is for further four or five trainees to be on the next cohort later on in the year. This will go some way to support the requirement for a local supply of trained technicians into the newly funded PCN posts described above.

In partnership with a community pharmacy contractor and LTHT, the Confederation has been successful in securing four GP cross sector pre-registration pharmacist posts for 2020/21 and 2021/22 as part of the National Pre-registration Pharmacists in General Practice Programme. If any PCNs are interested in working with us to host a pre-registration trainee pharmacist, please discuss with your PCN lead pharmacist or contact Faye Croxen (Deputy Head of Clinical Pharmacy) at faye.croxen@nhs.net

Service delivery update

The pharmacy element of the Virtual Ward (Frailty) is now fully staffed, with two pharmacists and one technician in post and supporting the work in Middleton PCN. The virtual ward is now stepping down suitable patients from the frailty unit, admissions wards and A&E. Additional neighbourhoods will be joining in next few months to create a south hub.

The Community Care Beds pharmacy technician roles are also now fully recruited to, with a senior technician in post and 3 to join shortly, focusing on improving systems, processes and medicine safety for patients.

The following is an update on some of the work streams that the Clinical Pharmacy team are currently undertaking:

Examples of current work	Number of reviews undertaken
Reviewing patients with known atrial fibrillation and at high risk of stroke not taking anti-coagulants	1807 from onset of project to Jan 20
Reviewing patients with moderate to severe frailty taking high number of medications	44-December 19
Reviewing patients on insulin therapy not using correct equipment	404 from onset of project to Jan 20
YAS referrals requesting patient reviews of those identified at risk of harm related to medications	289 from onset of project to Jan 20

PCN pharmacist training pathway

All PCN pharmacists are required to undertake an 18 month training pathway provided by the Centre for Pharmacy Post-graduate Education (CPPE). Certain exemptions may apply for pharmacists who have undertaken equivalent training before.

CPPE recently put on a webinar giving further information about the pathway, which covered:

- **Clinical supervisor training** – Each PCN pharmacist needs a GP clinical supervisor. A self-assessment document for GP clinical supervisor is available as well as a handbook for the role - <https://www.cppe.ac.uk/career/pcpep/pathway-handbooks>. Each PCN pharmacist on the pathway will also have an education supervisor provided by CPPE.

GP clinical supervisors can sign up to the CPPE email list - email LISTSERV@listserv.manchester.ac.uk from the email address you want to be contacted on. **Put the words SUBSCRIBE CPPE-PC-SUPERVISOR in the body of the email.** The rest of the email body needs to be completely blank, including email signatures etc. The email should not include a subject line. *Please note: if the email does not contain these words the automated subscription will fail so we suggest you copy and paste the text into the body of the email.*

- The training pathway has a **September 2020 intake** as well as January and May. There are 400 places for each intake, split in to 30-36 learners. Hubs/locations are decided based on where learners are – if someone is confirmed on a cohort for Jan, May or Sept 2020 they should book ASAP to ensure more chance of the training location being close to them. Final dates and locations for training is only decided by CPPE a few weeks before each cohort begins.
- The **independent prescribing qualification** at end of the pathway is in ADDITION to 18 month course and 28 day learning time. Prescriber training can be concurrent from module 2 of CPPE course onwards with agreement of the CPPE educational supervisor and GP clinical supervisor.

- Each PCN pharmacist requires **senior pharmacist support** as set out by CPPE – this senior pharmacist can be one of the locality lead pharmacists at the GP Confederation, with agreement. Note that this will comprise of the allocated PCN time for locality lead pharmacists; this PCN allocated time also includes PCN meetings and other support to PCNs.

The role progression handbook (via <https://www.cppe.ac.uk/career/pcpep/pathway-handbooks>) may help PCNs see how the role of a pharmacist can evolve from day 1 to month 18 as they progress through the training pathway. This can be useful for job planning.

Supporting practices & PCNS – extended access

The extended access service, which the Confederation manages on behalf of the city, continues to go from strength to strength, providing an increasing range of services for patients who may not be able to attend during regular surgery hours.

Operating in evenings, weekends and bank holidays from 12 hubs across the city, the service provides mix of GP, nurse, HCA and phlebotomy appointments, as well as virtual pharmacy, physiotherapy and mental wellbeing ('healthy minds') services in some locations. There were over 104,000 appointments last year, and the team are likely to surpass that figure this year.

From 1 April to 31 December 2019, the service provided

- Available appointments – 99,292
- Bookable appointments – 88,642
- On the day appointments - 10,650
- DNAs – 8.1%
- All appointments seen by clinician – 82,810
 - GP – 42,862
 - HCA – 3911
 - Nurse – 2418
 - Pharmacist – 16,402
 - Phlebotomist – 1390
 - Physiotherapist – 13,209
 - Healthy minds - 2618
- Non-GP appointments – 48%

The EA team will be attending the members meetings on 4 March to talk about what the service does and find out from members what more they need. Please take the opportunity to talk to the team if you have questions.

- For more information about the service, please contact [Wendy Pearson](#), Director of Delivery

Supporting practices – digital

New accessibility standards for practice websites

From September 2020, all public sector websites, including GP practice sites, must meet new accessibility standards - <https://www.gov.uk/guidance/accessibility-requirements-for-public-sector-websites-and-apps>

Your website provider should be aware of these standards and may already have been in touch with you about any work required to make your website compliant. If this hasn't happened, we recommend you contact your website provider to find out what they and you may need to do.

If your website provider is not able to support you to meet the new standards, please get in touch with [Lucia Day](#), Programme Manager.

Working together - Leeds Mental Wellbeing Service

The soft launch of the new Leeds Mental Wellbeing Service (LMWS) is now well underway.

[On-line psycho-education](#) classes (known as Omnitherapy) are now live. Patients can directly book on to classes to get support for their mental wellbeing without having to wait for an assessment. Courses include

- Panic attacks
- Managing stress in parenthood
- Depression
- Understanding self-esteem
- Bereavement
- Mindfulness
- Postnatal depression

Online CBT therapy (IESO) is also now live but patients will need to first complete an assessment and discuss treatment options with a therapist before accessing the service - <https://www.iesohealth.com/en-gb/what-we-treat>

Advertising for these courses will be available from April 2020. We also hope practices can work with us to get this direct access information on their own websites. We will be producing some standard information and sharing with practices.

Direct bookable face to face courses on sleeping well, stress control and living well in older age are also available. All direct access courses are available via <https://www.leedscommunityhealthcare.nhs.uk/our-services-a-z/leeds-mental-wellbeing-service/home/>

Primary care mental health staff

We are mobilising the primary care mental health staff (previously known as primary care liaison - PCL) in the first eight PCNs with the highest level of deprivation. Further recruitment will follow from April with staff starting in May and June. All PCNs should have an offer in place by July. The staff will take a multidisciplinary approach, meeting regularly with colleagues to discuss cases. Roles will include

- Mental health specialists – employed by LYPFT with experience of working in secondary mental health services. These will be mental health nurses, social workers or occupational therapists.
- Mental health practitioners – employed by Northpoint & LYPFT. These staff will have a qualification in mental health (BSc in Psychology, or similar)
- Mental health support role. These staff will have a good understanding of supporting patients with distress, and low level mental health need and will support people who may need more help to access CBT

What's next?

The focus for the next two months will be on

- Embedding the PCMH staff in the eight PCNs
- Recruiting new staff and reviewing estates capacity for the new staff
- Producing information for referrers and promoting the new direct access, online therapy offer
- Clearing the IAPT waiting list

LMWS contacts

[Dr Jon Adams](#) and [Dr Lesley Sunderland](#) are the Confederation's clinical leads for the service, leading on aspects of the mobilisation and the continuous model review and governance.

[Amelia Letima](#) is the main link between the LMWS partnership and PCNs.

[Linda Thompson](#) and [Chloe Rankin](#) are another source of contact for PCNs to feedback good news, concerns and challenges so we can work to get this service mobilisation right and responsive to any challenges over the coming 12 months.

Working together - citywide social prescribing

Confederation, CCG and practice manager colleagues have been working with the new social prescribing providers to help them understand the importance of integration with primary care systems.

The goal is for 36 wellbeing coordinators to be based within PCNs. More staff are currently being recruited, ready for an April start.

Data sharing back to practices started this month and a pilot of remote appointments is also underway.

- For more information, please contact amelia.letima@nhs.net
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Working together – improving CVD outcomes

Leeds has a proud record of delivering outcome-based integrated care programmes to improve the health and wellbeing of local people. One area we've been working on with the CCG and Leeds City Council is improving care for people with cardiovascular disease and those at risk of type 2 diabetes.

Earlier this month, **Leisa Batkin** who leads on this work in the Primary Care Development team, was invited to present our approach to the Public Health England national conference ([see attached poster](#)). It was a very eventful day and we have come away with new ideas, and an appreciation of the importance of shared working.

Working together – wound prevention & management service study days

Working together with LCH, primary care staff can now access more training programmes, including the following wound care management courses, alongside vaccinations and immunisations. To book a place, please email lchwoundservice@nhs.net

Pressure prevention - open to all healthcare staff

Morning & afternoon sessions - 09.15 - 12.45; 13.15- 16.45

- Friday 15 May- Beeston Hill Health Centre, LS11 8LH
- Friday 3 July - Kippax Health Centre, LS25 7JN
- Wednesday 14 October - Armley Moor Health Centre, LS12 3HD

Leg ulcer management - registered nurses welcome

Time: 09:30 – 16:30. Venue: Armley Mills Museum, Canal Road, Armley, Leeds LS12 2QF

- Wednesday 29 April
- Friday 17 July
- Wednesday 25 November

Wound care and assessment – registered nurses welcome

Time: 09:30 – 16:30. Venue: Armley Mills Museum, Canal Road, Armley, Leeds LS12 2QF

- Friday 27 March
- Wednesday 17 June
- Friday 25 September
- Wednesday 9 December

News from the PCNs

TARGET - East Leeds Collaborative (ELC) comprising of Cross Gates, Seacroft and York Road PCNs held their first joint TARGET session at Elland Road Stadium on 14 January 2020. This was an all staff event with attendance from GPs, practice nurses, HCAs, reception and admin staff. The feedback has been very positive, with staff really enjoying meeting and networking other practice teams.

Group Consultations – ELC have also developed a model to enable group consultations to be delivered by each PCN at Practice Level. The model, which has been tested at practice level with skilled nurses, also offers peer support for patient maximise outcomes.

- To find out more or for support to get group consultations started please contact Debra Backhouse at debra.backhouse@nhs.net.

Learning & development

PCN leadership

The [NHS Leadership Academy](#) offers a wide range of learning and development programmes for people of all backgrounds and experiences across health and care. Specifically for primary care, they have produced a new e-book that outlines how they can help you and your organisation.

The updated brochure is now available to [download here](#).

Social prescribing

NHSE have produced a welcome pack to help link workers in primary care networks find out more about their role and what support is available at <https://www.england.nhs.uk/publication/social-prescribing-link-worker-welcome-pack>

GenXGP programme

The GenXGP programme is for mid-career GPs looking to network and explore options for their future careers in general practice. There will be a range of sessions throughout the year. For more information and to keep updated, you can subscribe to the GenXGP newsletter - please visit <https://mailchi.mp/c225abb2e0ac/genxgp-update-newsletter>

Upcoming meetings & events

The [three-month forward plan](#) for clinical directors has been updated, showing which meetings are essential, recommended and of interest.

More information about the Confederation

As our work develops, we want to make sure you're kept involved in and informed:

Meetings: we regularly give updates and seek feedback at primary care network meetings; practice manager, nurse and pharmacy lead meetings; members' meetings; TARGET; and our strategic board. If you represent your network or practice at any of these meetings, please make sure you keep your colleagues updated.

Briefings and updates: we will send out general Confederation updates every two months.

As part of a joint project with the CCG to reduce duplication and streamline communications, operational information, data, procedures and so on will be shared via the **primary care bulletin** and **extranet**.

Website: if you'd like to know more about what the Confederation does, how decisions are made and who's who, please visit [our website](#).

Twitter: Follow us @LeedsGP

If you are aware of any colleagues who are not receiving these updates or if you have any suggestions for improving the information you get from the Confederation, please let us know.

Key contacts

- General enquiries - 0113 843 0785 / leeds.confed@nhs.net / www.leedsgpconfederation.org.uk
- Chair - Dr Chris Mills - cmills@nhs.net
- Chief Executive - Jim Barwick - jim.barwick@nhs.net
- PCN development – Gaynor Connor - gaynor.connor1@nhs.net
- Pharmacy workforce developments – Heather Edmonds - heather.edmonds@nhs.net